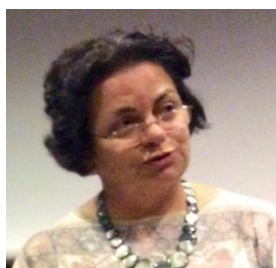


Greetings from the President



Dear colleagues,
It is my pleasure to send you a message as President of Counseling Division.

My first words are addressed to our last Presidents: Fred Leong, Richard Young, and Mark Savickas. It is a tribute for their work, strong commitment and all they have done to disseminate Counseling. Thank you all.

And I also want to thank Paul Hartung for being our President-Elected. His support is crucial for the development of our division.

Let me also thank all those who contributed during the last years for strengthen our divi-

sion, as well as those who are involved as members of Executive Committee.

I would like to kindly invited all members to

- send news... pictures....more news
- promote and disseminate our division, including students
- submit more news to Dr Lea Ferrari, our Editor
- suggest, notes, critics, everything is welcome!

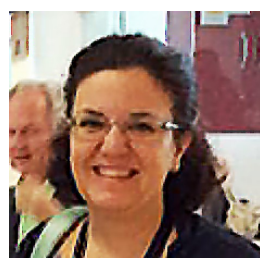
An important means of fostering counseling is through the art of communication!

Cordially,

Maria Eduarda Duarte

(Professor and Chair)

Welcome from the Editor



The conference that we had in Paris last July gave all of us the opportunity to realize how much efforts were done in the past years to foster the participation and

the international collaboration inside the Division. It is with this spirit that this newsletter aims to maintain the positive energy we absorbed and disseminate our work and future projects. The most part of this number is dedicated to the past conference and to the announcement of our next appointments. The hope is readers could be stimulated to contribute next numbers and make the Counseling Division 16 Newsletter an international working tool representative of the multiple realities we are experiencing in our globalized world.

Under the best auspices of the international conference, Mark Savickas announced Maria Eduard Duarte is the new President and Paul Hartung the President-Elected for the next four years. In thanking him for the impulse he gave to the Counseling Division 16 we are confident in his continuous collaboration as well as those of our past president, Fred Leong and Richard Young.

In wishing the new presidents and the Executive Committee good luck for their future work, I personally wish to thank them for honoring me asking to collaborate at this newsletter.

Looking forward to receive Counseling Division 16 members' contributions I give you appointment to our second newsletter!

Best wishes

Lea Ferrari

(Editor)

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COUNSELING DIVISION 16

The Division 16 at the IAAP conference in Paris



Colleagues from all around the world joined together in Paris last July, had the opportunity to take inspiration from each other and positively contaminate their future research project and practice on counseling. A very rich and successful 5 days program took part and

offered many opportunities.

Mark Savickas had his Divisional Presidential address titled 'Constructing careers: actors, agents and Authors'.

Five were the divisional keynote lectures: Jean Guichard presented 'Constructing the self through life-designing dialogues'; Kobus Maree talked about 'Connecting life-themes to construct life portraits'; Maria Eduarda Duarte discussed about 'Counseling and well-being: on the road to realities'; Frederick T.L. Leong (USA) introduced 'Towards a portfolio model of adaptability'; Guðbjörg Vilhjalmsdóttir discussed 'Choosing is distinguishing: the relevance of habitus theory in career counseling'.

International was also the participation at the invited symposia. Christiane Schiersmann was the convener of the 'State and perspectives for research in counseling in Europe'; Laura Nota was the convener of the

'European doctoral program in career guidance and counseling: The development of a training program for PhD students'; she also coordinated the 'Vocational designing & prevention' symposia; Jérôme Rossier was the convener of the 'Accountability of career counseling interventions';

Gabriela Aisenso and Marcelo Ribeiro were the convenors of the 'Challenges for career counseling in South America in a context of socioeconomic inequality and racial and cultural diversity'; Donna Schultheiss was the convener of the 'Relationship and culture intersectionalities in vocational psychology: advancements and future projections'; Violetta Podgórná was the convener of the 'Universal ethical values in counseling'; Valérie Cohen-Scali was the convener of the 'Constructivist and life designing Interventions for youth'; Paul Hartung was the convener of 'Using narratives in life-career design'.

Many were the symposia and the themes discussed

among which we can list the psychology of transitions and reconstructing identities through social relationships; spirituality measures and their associations with psychological well-being; counseling in the context of immigration transitions; career development of Chinese students, global applications of prevention psychology to enhance health and well-being; cross-cultural adjustment, well-being and career development of Asian international students in the U.S.; the development of college students: interventions for academic success and career development; new perspective on positive psychology; psychological science of diversity: implications for improved human relations.

The eleven thematic sessions included: Career adaptability, Career development and well-being, Supporting trauma and distress, Career choice in adolescent and student lives, Tools and methods, Education, training and identity in counseling professionals, From



career decision making to policy analysis of career development, Vocational orientation, Individual characteristics and career development, Success in school and university in different contexts, Flexibility and career development.

Two brief oral presentation sessions for a total of 23 talks and four e-poster sessions for an amount of 45 posters concluded the work of the presenters.

During the conference the Division 16 hosted the European Society for Vocational Designing and Career Counseling (ESVDC) general assembly and award ceremony. The new Executive committee that was introduced by Jean-Pierre Dauwalder includes Laura Nota, President; Christiane Schiersmann, Vice-President; Andreas Hirschi, Secretary; Jacques Pouyau, Treasurer; Raoul Van Esbroeck, Past President. The 2014 ESVDC Award Winner was introduced by Jean-Pierre Dauwalder and was given to prof. Mark Savickas.



Revitalizing counseling in the 21st century: Suggestions from Maria E. Duarte keynote at the IAAP 2014 by Teresa Maria Sgaramella, University of Padova, Italy

M. Eduarda Duarte, the president of our division, in her keynote “Counseling and well-being: on the road to realities” at the ICAP in Paris last July addressed several points crucial for the counseling in the 21st century. Her research interests on career psychology theory and research, with special emphasis on issues relevant to adults and the world of work, and more recent contributions as founder and active member of the Life Design International Research Group, served as background to her presentation.

Two compelling issues were addressed in the incipit of her presentation, that is the need for:

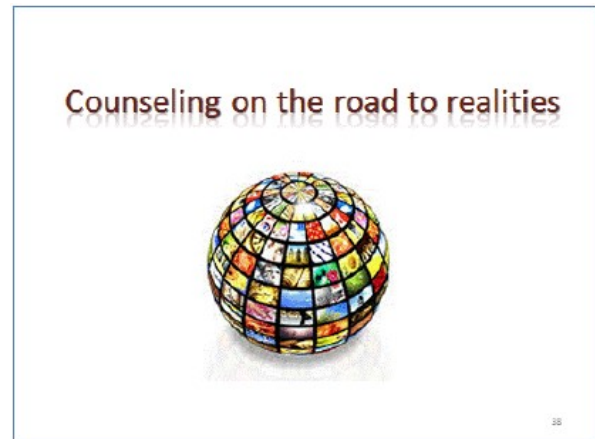
- a. *Understanding clients current realities.* New and complex situations characterize our times which require individuals to find out new supports and resources to face challenges they experience every day;
- b. *Tackling social demands.* Questions raised from clients who live in increasingly demanding societies should be taken into account and counseling activities should help clients self-construction and their life designing.



In order to address these issues several tasks should be in turn tackled in the next future:

1. *Framing the development of counseling.* It is a twofold action involving both theoretical options and questions raised from clients. In particular, there is the need to give counseling an appropriate significance in current times. In the perspective suggested, counseling is viewed as a co-construction process where “the counselor is a co-constructor, a facilitator that supports the retelling of the client’s narrative in a way that allows for an understanding of how the client interprets and represents reality” (Duarte, 2010).

2. *Defining types of counseling practices and relationships with theories.* Both subjective and objective knowledge



are called upon action, with a particular emphasis on narratives because life stories can be seen as conscious representation of experiences lived by the client “which act as lessons that allow for the development of knowledge and of a variety of ways to relate to oneself”. Relationships between theories and new guiding practices should be then set, which might help clients understanding their reality and find meanings to which anchor their *Life Design*.

3. *Setting up guiding principles and goals for counseling.* The rights of each person are proposed as the guiding principle for counseling, putting the person at the center and with a new attention devoted to the uniqueness of each individual. At the same time, the development of



human capital is proposed as a priority for counseling actions in the 21st century.

Maria E. Duarte reflections take us to a perspective in which counseling is proposed as socially tied and tailored to well-being and quality of life of individuals, as a “promoter of principles of solidarity, social justice and liberty” (Duarte, 2015).

Awards of the Division 16 to Salvatore Soresi

During IAAP conference in Paris prof. Salvatore Soresi was awarded for Distinguished Contributions to International Counseling Psychology. Prof. Mark Savickas handing the award highlighted the outstanding work of Salvatore in establishing a large international network of relationships and his ability to bring together researchers and scholars from different countries, giving a creative impulse to research and the quality of training of professionals and of young researchers.

He is a full professor at the Department of Philosophy, Sociology, Education and Applied Psychology, University of Padova. He has conducted extensive research in the field of career counseling, disability and rehabilitation. He was the Editor of the *Giornale Italiano di Psicologia dell'Orientamento* (Italian Journal of Vocational Psychology) and author of more than 200 publications. He is member of the Life Design International Research Group, of the Career Adaptability International Collaborative Group the founder of the International Hope Research Team - IHRT. He is also member of the Steering Committee in the European project University Network for Innovation in Guidance - Lifelong

Learning Programme (2009-2012/2013-2015) and of the European Doctoral Program in Career Guidance and Counseling. For his work he received the High patronage of the President of the Italian Republic. In 2008 he was awarded for his Distinguished Contribution to the International Advancement of the Counseling Profession from the Society of Counseling Psychology (Division 17 of the American Psychological Association), and in 2013 for his envisioning work in career field from the ESVDC.



Mark Savickas awarded Distinguished Contributions to Vocational Designing and Career Counseling at 2014 ICAP in Paris by ESVDC

The reasons under this award are very well reported in the Newsletter of the European Society for Vocational Designing and Career Counselling. Mark Savickas is without any doubt among the three to five leading scientists in the field of career counseling since the origin of this discipline. He is worldly recognized for his major scientific contribution, his manifold stimulating ideas, theoretical constructs, and practical procedures and instruments he developed. Taking further Donald Super's ideas on lifelong career development, he innovated and created new ideas such as investigating life-themes, using narratives and storytelling, understanding life designing, and career adaptability into an innovative career construction theory. He has been also for years a very efficient mentor for the development of life-design and career counseling in Europe and has generously given to us the motivation and courage to further develop our own identity and assertiveness in Europe. For 12 years on the Board of Directors for International Association for Educational and Vocational Guidance, he is currently President of the Counseling Psychology Division in the International Association of Applied Psychology. Author of more than 120 relevant publications and 500 stimulating key lectures at scientific meetings all over the world, his impact upon the scientific community is also particular-

ly important through his longstanding experience as an editor for the *Career Development Quarterly* and the *Journal of Vocational Behavior*. He was distinguished many times: John L. Holland Award in 1994; Eminent Career Award from the National Career Development Association in 1996; Leona Tyler Award in 2011, and has received honorary doctorates from the University of Lisbon (Portugal) and the University of Pretoria (South Africa). This award is a warm sign of our profound gratitude and of our acknowledgement to Mark Savickas and his generous involvement in our scientific community.



Joint the Division 16 at the IAAP

It pays to be a member of IAAP!

Membership is excellent value for money and you receive many direct benefits including:

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- The ability to participate in IAAP international conferences at reduced rates;
- And 20% off many books and personal subscriptions to journals published by Wiley-Blackwell.

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PUBLICATIONS

Laura Nota & Jérôme Rossier (Eds.)

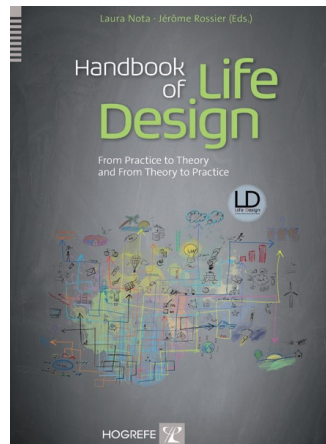
Handbook of Life Design

From Practice to Theory and from
Theory to Practice

2015, vi + 298 pp., hardcover

ISBN 978-0-88937-447-8

US \$54.00 / £ 31.00 / € 38.95



Our lives and careers are becoming ever more unpredictable. The “life-design paradigm” described in detail in this ground-breaking handbook helps counselors and others meet people’s increasing need to develop and manage their own lives and careers. Life-design interventions, suited to a wide variety of cultural settings, help individuals become actors in their own lives and careers by activating, stimulating, and developing their personal resources. This handbook first addresses life-design theory, then shows how to apply life designing to different age groups and with more at-risk people, and looks at how to train life-design counselors.

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**new books or publications....
we are waiting from the editors to send us information**