European Doctoral Programme in Career Guidance and Counselling



Joint project: "Career adaptability, orientation toward future, wellbeing, courage, and career decision in adolescents"



The present project involves four participants of the first summer school ECADOC, *Chiara Annovazzi*, University of Milano Bicocca, Italy; *Andronikos Kaliris*, University of Athens, Greece; *Ernesto Lodi*, University of Sassari, Italy; and *Laurent Sovet*, National Conservatory of Arts & Crafts, France; and a member of the organizing committee, *Maria Cristina Ginevra*, University of Padova, Italy.

Considering the Life Design approach, which emphasizes the role of career adaptability, hope and optimism to deal with the challenging of today society, the present study aimed at analyzing cross-cultural relationships between career adaptability, orientation toward future (hope and optimism), psychological wellbeing, and career decision in Italian, Greece, and France high school students.

In addition to constructs considered, the role of **courage** will be examined, according to the studies on courage conducted in the Courage Research Group and in the University Network for Counselling. The *Courage Research Group* has been launched on September 26, 2014 at the Department of Philosophy, Sociology, Education and Applied Psychology of the University of Padova, thanks to the contribution of professor Soresi. The team includes national and international researchers interested in studying courage. Specifically, the group aims at developing a theoretical model, analyzing courage in consulting and professional organizations, and adapting or constructing assessment tools for studying courage in children, adolescents and adults. *The University Network for Counselling* aims at developing guidelines for university education and training on counseling and undertaking research studies on counseling.