# A SOCIAL COGNITIVE MODEL OF VOCATIONAL HOPE

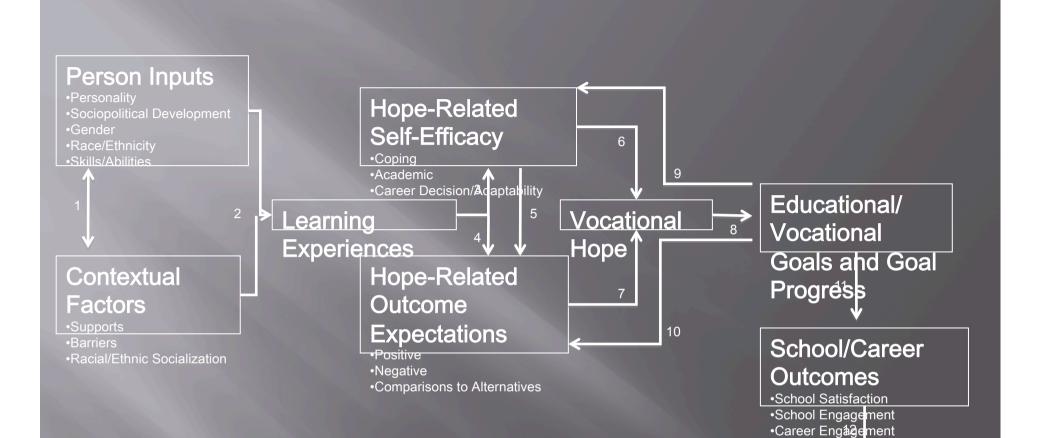
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### Critical Components of Vocational Hope

- Hope is a State: It is malleable and can be changed
- Hope is Motivational: Leads to approach versus avoidance, effort, and persistence
- 3. Hope is Future-Oriented: It is how one envisions the future
- 4. Hope includes Meaningful Work that is potentially Attainable.



#### Preventive Outcomes

•School Performance •School Completion •Anti-Social Behavior

# THANK YOU

### ■ SBROWN@LUC.EDU